

SEPTEMBER | 2020

Houghton Portage-Township Schools



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>31 WELCOME BACK</p>	<p>1</p>	<p>2 <u>2020-2021 Meal Prices</u> K-12 Breakfast \$2.00 K-5 Lunch \$3.00 6-12 Lunch \$3.25 Virtual Learning Meals \$3.35 Adults BK \$3.00 Lunch \$5.00</p>	<p>3</p>	<p>4</p>
<p>7</p>	<p>8 Chicken Fajita or Beef Taco Both on WG Soft Flour Shells Shredded Cheddar Cheese Lettuce and Diced Tomato Sliced Pears/Fresh Apple Choice of Milk</p>	<p>9 Assorted Pizza or Yogurt, Hard Boiled Egg, WG Cereal and WG Crackers French Fries Fruit Cocktail/Fresh Orange Choice of Milk</p>	<p>10 Grilled Chicken Breast on Whole Grain Hamburger Bun or Turkey and Cheese Lunchable Baked Beans Sliced Peaches/Fresh Apple Choice of Milk</p>	<p>11 Cheese Quesadilla or Fruit and Yogurt Parfait w/ String Cheese Tortilla Chips and Salsa Romaine/Spinach Salad w/Ranch Dressing Pineapple Chunks/Fresh Orange Choice of Milk</p>
<p>14 Assorted Pizza or BBQ Rib Patty on WG Bun Refried Beans with Shredded Cheese Peach Cup/Fresh Apple Choice of Milk</p>	<p>15 Meat Balls or Chicken Drumsticks Both with Marinara Sauce over WG Penne Noodles Kiwi/Fresh Orange Green Beans Choice of Milk</p>	<p>16 Assorted Pizza or Yogurt, String Cheese with WG Cereal and WG Crackers Fruit Mix/Fresh Apple Steamed Mixed Vegetables Choice of Milk</p>	<p>17 Hotdog or WG Breaded Chicken Patty Both on WG Buns Baked Beans Macaroni and Cheese Sliced Pears/Fresh Orange Choice of Milk</p>	<p>18 WG Grilled Cheese Sandwich or Pizza Calzone both with Chicken Noodle Soup Fresh Broccoli Buds Mandarin Oranges/Fresh Apple Choice of Milk</p>
<p>21 Assorted Pizza Carrots/Apple/Pears and Milk or <u>SUPER SACK LUNCH</u> Ham and Cheese Sandwich Carrots Apple Slice Scooby Doo Snack ,Surprise Treat Choice of Milk</p>	<p>22 Bosco Sticks with Marinara Sauce or Yogurt, String Cheese with WG Cereal and WG Crackers Romaine / Spinach Salad w/ Tomatoes and Dressing Fresh Banana/Fresh Orange Choice of Milk</p>	<p>23 Assorted Pizza or Tuna WG Macaroni Salad Roasted Red Pepper Hummus Cups w/ Baby Carrots and Cucumbers Slices Diced Peaches/Fresh Apple</p>	<p>24 WG Chicken Tenders or Baked Turkey Ham Mashed Potatoes w/ Gravy Both with a Bosco Apple-Stuffed Breadstick Strawberry Cup/Fresh Orange Choice of Milk</p>	<p>25 Tangerine Chicken Stir Fry with Veggies and Brown Rice or Fruit and Yogurt Parfait With Hard Boiled Egg and Heart WG Pretzels and WG Crackers Celery Sticks Peaches/Apple Choice of Milk</p>
<p>28 Assorted Pizza or Ham and Cheese Stuffed Potato w/ Whole Wheat Dinner Roll Sugar Snap Peas/Red Peppers Apple Sauce Cup/Fresh Orange Choice of Milk</p>	<p>29 Beefy Cheese Nachos (Tortilla Pieces, Beef, Cheese Sauce) or Pasty with 2 String Cheese, WG Roll and WG Cracker Whole Kernel Corn Diced Pears/Fresh Apple Choice of Milk</p>	<p>30 Assorted Pizza or Beef Lasagna w/WG Garlic Bread Romaine / Spinach Salad w/ Tomatoes and Dressing Watermelon/Fresh Orange Choice of Milk</p>	<p>1</p>	<p>2</p>

News

Available with every meal

Skim or 1% Chocolate Milk

Chilled Water

Condiments offered as needed

Items with * may contain Pork

LT = Light

WW = Whole Wheat

WG = Whole Grain

USDA is an equal opportunity provider and employer.

Menu subject to change due to availability of product.

Breakfast Kits will be used for the month of September and we will have a regular Breakfast Menu in October